

Here's the Goal...Imagine the End: SEXUAL INTEGRITY

Guarding my potential for intimacy through the appropriate boundaries and mutual respect

The Purity Code

In honor of God, my family, and my future spouse, I commit my life to sexual purity (integrity).

This involves:

- Honoring God with your **BODY**

“The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.” (1 CORINTHIANS 6:13B)

- Renewing your **MIND** for good

“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing, and perfect will.” (ROMANS 12:2)

- Turning your **EYES** from worthless things

“Turn my eyes away from worthless things...” (PSALM 119:37)

- Guarding your heart above all else

“Guard your heart above all else, for it determines the course of your life.” (PROVERBS 4:23)

Developing a Theology of Healthy Sexuality

God created sex.

The Lord God said, "It is not good for the man to be alone. I will make a helper suitable for him." Now the Lord God had formed out of the ground all the beasts of the field and all the birds of the air. He brought them to the man to see what he would name them; and whatever the man called each living creature, that was its name. So the man gave names to all the livestock, the birds of the air and all the beasts of the field. But for Adam no suitable helper was found. So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and closed up the place with flesh. Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. The man said, "This is now bone of my bones and flesh of my flesh; she shall be called 'woman, for she was taken out of man.'" For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. The man and his wife were both naked, and they felt no shame.

GENESIS 2:18-25

He sees it as good.

Then God said, "Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground." God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

GENESIS 1:26- 31

Adultery

"You shall not commit adultery." EXODUS 20:14

Fornication

It is God's will that you should be sanctified: that you should avoid sexual immorality.

I THESSALONIANS 4:3

One Flesh

"Haven't you read," he replied, "that at the beginning the Creator 'made them male and female,' and said, 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh? So they are no longer two, but one.

Therefore what God has joined together, let man not separate." MATTHEW 19:4-6

Sexual Purity

Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

I COR. 6:18-20

LEAD KIDS TOWARD SEXUAL INTEGRITY AT EVERY PHASE

Notes

WHEN TO BEGIN TALKING WITH YOUR KIDS

Make it developmentally and age appropriate

- God Made Your Body (ages 3-5)
- How God Makes Babies (ages 6-9)
- The Purity Code (ages 10-14)
- Talk about EVERYTHING (age 14+)

Honest Questions/Authentic Answers

Teenagers today are asking questions... here are just a few that we've heard:

1. How far is too far?
2. Is it possible to get the pill without your parents knowing?
3. How often do married people usually have sexual intercourse?
4. Is oral sex ok?
5. How do girls masturbate?
6. How do boys masturbate?
7. At what age do boys have their first erection?
8. When is a girl's most dangerous time of the month? Is the pill expensive? Is the pill dangerous?
9. What types of STDs are there?
10. I'm afraid of AIDS. What can I do to not get it?
11. If you participate in oral sex, are you still a virgin?
12. Will God condemn you if you have premarital sex? Or will He forgive you?
13. What can a guy do if he has a problem of lust toward other guys? How can you handle it without having to be gay?
14. Does God forgive Christians who have had abortions?
15. After someone has been sexually abused and hasn't told anyone about it, and it has gone on for about five years, how can someone try to forget and deal with it?
16. What can I do if I think I might be addicted to pornography?

LEAD KIDS TOWARD SEXUAL INTEGRITY AT EVERY PHASE

Notes

Teaching Through the Phases:

In preschool, parents will

INTRODUCE THEM TO THEIR BODY

1. Name body parts
2. Acknowledge differences
3. Define privacy

In elementary school, parents will

INFORM THEM ABOUT HOW THINGS WORK

1. Give simple answers to biological questions
2. Talk about boundaries like "Your body belongs to you."
3. Improve relational skills

In middle school, parents will

INTERPRET WHAT IS CHANGING

1. Answer questions about sex in detail. If you don't, the internet will.
2. Increase positive affirmation and affection
3. Agree on boundaries and help them script responses

In high school, parents will

COACH THEM TOWARD HEALTHY RELATIONSHIPS

1. Talk about dating values
2. Create a response plan for when you find something you aren't expecting
3. Utilize other influences like a weekly small group leader

SEX AT CHURCH

- MADE Curriculum series
- Parent seminar information time
- Parent seminar - Teaching Your Children Healthy Sexuality
- Pre-teen series in cooperation with parents
- Purity Code Weekends (for parents and teens)
- Small groups for parents
- Intergenerational classes